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FACTSHEET

URODYNAMIC TESTING

About the Procedure:

Urodynamics testing is a series of procedures designed to provide information about a bladder problem. They can measure the bladder's ability to hold and release urine and usually involve placing a small catheter into the bladder. It provides a more advanced way to check bladder function, and it does not require anesthesia. You may be asked a series of questions about the sensations you feel in your bladder during the test to help you doctor better understand your problem. The procedure usually takes approximately 15 minutes and may be combined with a cystoscopy or other procedures.

Preparing for the Procedure:

The most important thing to do is to relax. The testing is most accurate when we can recreate your symptoms during the test. The procedure will not be painful, and by staying relaxed, you can help ensure that the information obtained during the test is as accurate as possible.

After the Procedure:

You may experience temporary burning and possibly a small amount of blood in the urine. Don't be alarmed - these will usually clear within 24 hours. If you develop fever, chills, or heavy bleeding, notify your doctor immediately